

AGENDA ITEM

REPORT TO HEALTH AND WELLBEING BOARD

REPORT OF DIRECTOR OF PUBLIC HEALTH

PERFORMANCE UPDATE for Q1 2018/19

September 2018

SUMMARY

This report provides a performance update on key indicators from the performance monitoring framework for the Joint Health and Wellbeing Strategy delivery plan, at September 2018.

RECOMMENDATIONS

1. The Stockton-on-Tees Health and Wellbeing Board are asked to note the performance update and data and to consider any implications for addressing performance issues and health inequalities as well as spreading good practice.
2. It is recommended that this performance update is circulated to the Adults' Health and Wellbeing Partnership. In addition, performance data relevant to the Children and Young People's Partnership will be incorporated into the overall performance report for this partnership group.

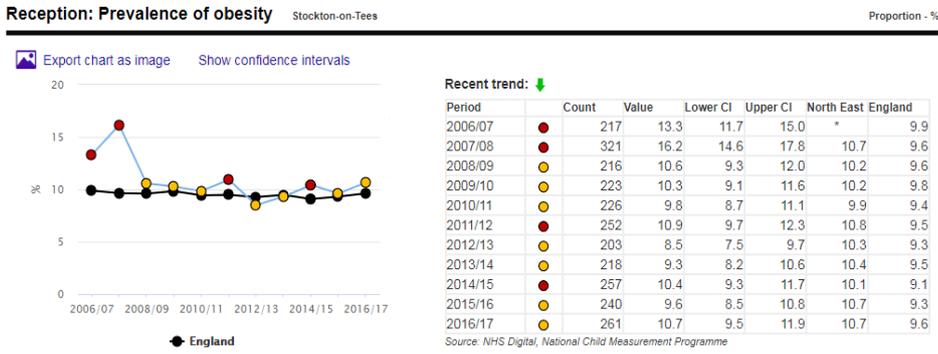
DETAIL

1. The Stockton Health and Wellbeing Board is responsible for overseeing the performance of partner organisations in relation to key health and wellbeing indicators. This is the quarterly performance update report to the Board, compiled on an exception basis as agreed. Key areas of performance are outlined, with some areas of good performance highlighted and some areas where improvement is required.
2. Updates that are reported elsewhere such as the Children and Young People's performance report are no longer included in this report to avoid duplication.
3. This report covers Q1 data or newly released annual data, where available, and otherwise refers to previous reports. Data such as obesity rates from the National Child Measurement Programme are updated annually in line with the Public Health Outcomes framework (PHOF) or Public Health England (PHE) data release timescales. Local data and context is included where possible.
4. The local performance summary is set out below and refers to national benchmarking and trend data where available.
5. The Board are asked to consider how and where issues of good and poor performance are followed up across Board members' organisations and then updates fed back to the Board.

HEALTH IMPROVEMENT

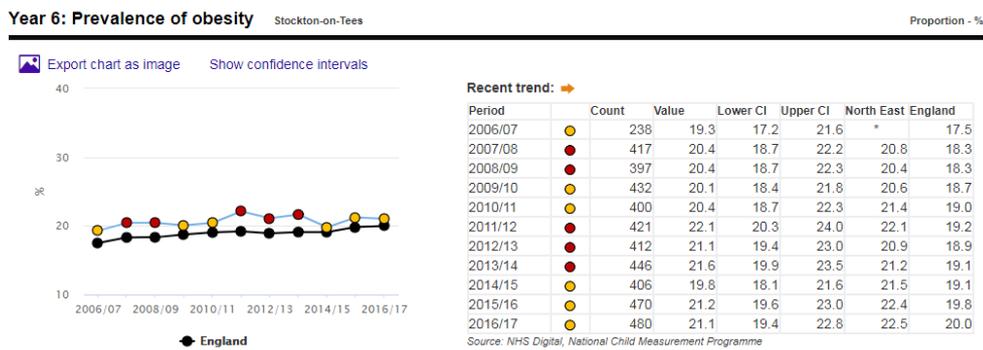
HW100 Obesity in 4-5 year olds (reception) % of children measured through the National Childhood Measurement Programme

- 10.7% of children in reception in Stockton-on-Tees were obese in 2016/17, compared to 9.6% in England.
- Over the last decade the proportion of obese children has initially fallen and remained stable and similar to the England average since 2008/09.



HW101 Obesity in 10–11 year olds (year six) % of children measured through the National Childhood Measurement Programme

- 21.1% of children in year 6 in Stockton-on-Tees are obese compared to 20.0% in England. The proportion of obese children has remained stable and similar to the England average since 2014/15.

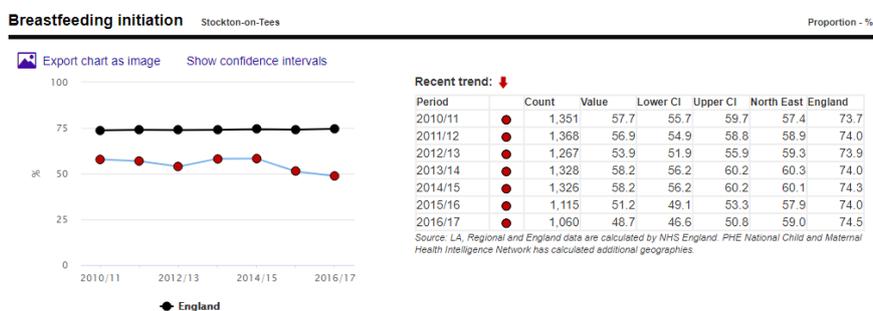


From the 1st April a new Growing Well, Growing Healthy service is been delivered across Stockton-on-Tees as part of the 0-19 well-being model. The new model integrates community outreach, health visiting, school nursing and family weight management services (including National Child Measurement Programme NCMP) and is working towards shared outcomes which support the *Health and Wellbeing Strategy* and *Children and Young People's Plan*. The approach places an emphasis on early help, as part of a wider early help model, with clear universal, preventative and targeted offers in place.

The *Growing Well, Growing Healthy* element of the model includes a focus on prevention, delivery of the NCMP programme and delivery of a family weight management programme. The family weight management programme is working with children and young people who are overweight to support them to reach and maintain a healthy weight. Due to emerging evidence, showing the association between parenting styles and children's obesity, the provision will focus on encouraging parents and carers to model a healthy lifestyle, helping parents to enhance their parenting skills and encouraging parents and carers to take a whole family approach to nutrition, physical activity and healthy weight.

HW Breastfeeding initiation and breastfeeding prevalence at 6-8 weeks after birth.

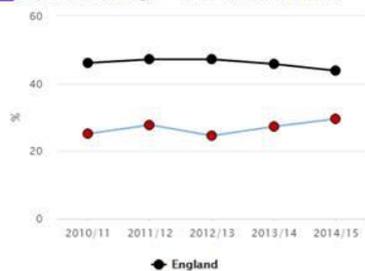
Breastfeeding initiation rates have reduced since 2014/15 and have been significantly below the England average since 2010/11.



- Breastfeeding prevalence at 6 week rates have increased slightly between 2010/11 and 2014/15 and remained well below the England average. Data source: PHE and CHIMAT. **Please note:** 2015/16 & 2016/17 data not available due to data validation issues.

Breastfeeding prevalence at 6-8 weeks after birth - previous method Stockton-on-Tees Proportion - %

Export chart as image Show confidence intervals



Recent trend: ↗

Period	Count	Value	Lower CI	Upper CI	North East England
2010/11	611	25.2	23.5	26.9	30.0
2011/12	669	27.8	26.0	29.6	30.2
2012/13	587	24.6	22.9	26.3	31.2
2013/14	646	27.3	25.5	29.1	*
2014/15	682	29.6	27.7	31.5	*

Source: LA, Regional and England data are calculated by NHS England. PHE National Child and Maternal Health Intelligence Network has calculated additional geographies.

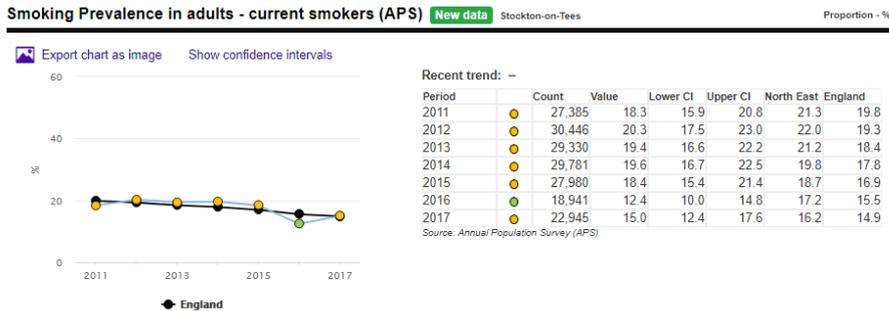
Events were held across the borough to promote World Breastfeeding Week during August. SBC Community Engagement, Children’s Centres, Public Health and Communications teams worked with North Tees and Hartlepool NHS Foundation Trust (NTHFT) and Tees Active to deliver a programme of events held within community venues to promote breastfeeding and increase awareness of the importance of positive attachment regardless of feeding choice.

The Breastfeeding Welcome Scheme continues to progress with 52 sites across Stockton now adopting the breastfeeding welcome charter.

In September, NTHFT provides a ‘train the trainer’ Breastfeeding Awareness programme for key staff within Tees Active to become breastfeeding champions. Billingham Forum, Splash, Thornaby Pavillion and Thornaby Pool are now compliant with the breastfeeding welcome charter throughout their premises.

Service developments initiated as part of the 0-5 Healthy Child Programme contract (health visiting service) have supported the development of a specialist infant feeding clinic which will offer assessment, guidance and practical support to breastfeeding women as well as providing specialist advice to health professionals. NTHFT Infant Feeding Coordinators will deliver this service from October 17, delivering 1 clinic per week.

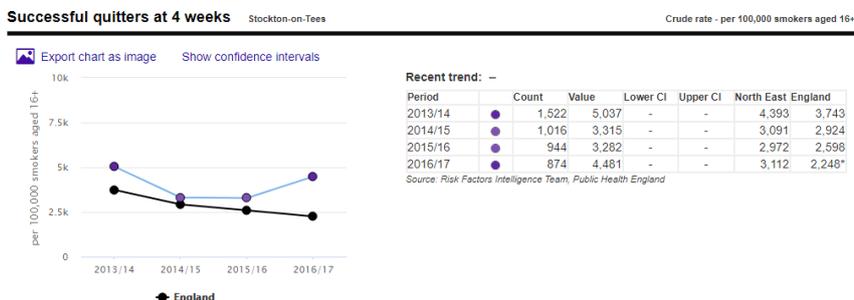
HW201 % of smoking population accessing the stop smoking service commissioned by Stockton-on-Tees Public Health



- Smoking prevalence in Stockton in 2017 is 15%, higher than the previous year but similar to the England average of 14.9%. As smoking rates are associated with deprivation, smoking rates the most deprived areas of Stockton-on-Tees will still be significantly higher than 15%.
- Adult smoking prevalence has been declining over many years and even faster since 2015. Possible reasons for this are continued efforts to support smokers to stop, standardised Packaging of Tobacco Products Regulations, the smoking ban at workplaces and the increased use of electronic cigarettes (vaping).
- In 2017/18, the local stop smoking service supported 1887 smokers set a quit date. This means that 8% of the smoking population in Stockton accessed the stop smoking service which is above of the local target of 6%.
- Utilisation of the stop smoking services has declined year on year, locally and nationally and will require the development of a new system wide approach to stop smoking.
- Stockton remains one of the top 5 local authorities for performance in the region.

Data source: Stockton on Tees Stop Smoking Service. North Tees and Hartlepool Foundation Trust (NTHFT) 2016/17. Public Health England: Local Tobacco Control Profiles. NHS Digital: Statistics on NHS Stop Smoking Service: England

HW202 % Smoking Quitters (number of four week quitters in the smoking cessation service commissioned by Stockton-on-Tees Public Health)

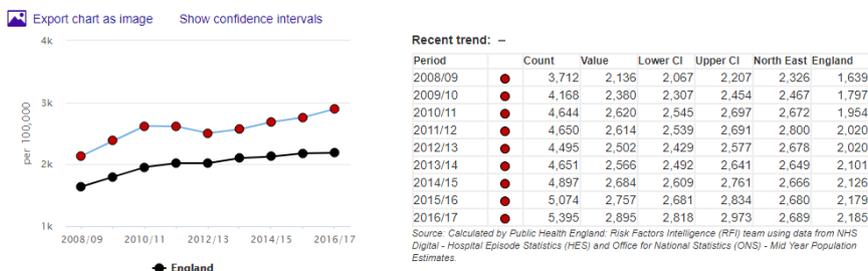


- In 2017/18, the local stop smoking service supported 739 people to quit smoking (rate similar to England average). 39% of people who set a quit date achieved to quit smoking.
- 68% of those who accessed the stop smoking service and 59% of those who achieved four week quit target were from the ten most deprived wards in Stockton-on-Tees. The average quit rate in this cohort was 41%.

Data source: Stockton on Tees Stop Smoking Service, North Tees and Hartlepool Foundation Trust (NTHFT) 17/18. Department of Health: Stop Smoking Service Quarterly Monitoring Return 2017/18

HW300 Rate of hospital admissions for alcohol related conditions (broad) per 100,000 population

9.01 - Admission episodes for alcohol-related conditions (Broad) (Persons) Stockton-on-Tees Directly standardised rate - per 100,000



- Alcohol-related hospital admission rates have increased each year since 2012/13 and have been significantly higher than the England average since 2008/09.

The alcohol JSNA chapter is being refreshed to highlight key actions and priorities. Partners involved in the process of gathering data and performing analysis include Cleveland Police; Community Safety; Licensing; CCG and Public Health.

The Public Health Team continues to provide support to police and licensing colleagues as a responsible authority for alcohol licensing.

HW301 Number of opiate drug users that left drug treatment successfully (free of drug(s) of dependence) who do not then re-present to treatment again within 6 months as a proportion of the total number in treatment

- In Q2 2017-18, 4.3% against a quarterly target of 5.5%. This is below the previous reported figure of 5.3% in Q1 2017/18.
- The national trend shows continuous and significant decline falling from 7.6% in 2014/15 to 6.6% in Q4 2016/17. Since then it has remained more stable at 6.7%.

The performance indicator has a six month lag in order to measure re-presentation rates in the six months following exit. Therefore Q2 performance reflects numbers leaving treatment in the 12 months up to the end of March 2017. The move from two treatment providers to one in August 2016 has resulted in a slight increase in unplanned exits.

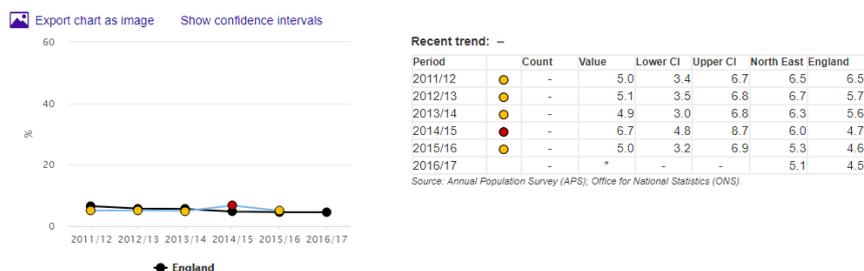
HW302 Number of non-opiate drug users that left drug treatment successfully (free of drug(s) of dependence) who do not then re-present to treatment again within 6 months as a proportion of the total number in treatment:

- In Q2 2017-18, performance was 36.1% against a target of 35%. This is higher than the previous reported figure of 34.7% in Q1 2017-18.
- Numbers in treatment (rolling 12 month) have decreased to 208 compared to 222 in Q1, and are down 15% from the 245 in treatment in Q1 2015/16. Referral rates have remained fairly consistent despite significant fluctuations in the number of arrests and drug tests taking place in arrest referrals.
- Re-presentation rates remain low at 5.8% (3 out of 52 exits). We expect numbers in treatment to further decline if exit rates remain above target. We are working with partners to improve offender management for those with substance misuse issues with the aim of increasing the level of meaningful treatment for those where substance misuse remains a factor in driving offending behaviour.

HW Self-reported wellbeing – People with low satisfaction score

- In 2016/17, the proportion of people in Stockton who reported low satisfaction with their wellbeing was too small to report, however, has remained mostly stable and similar to the national average since 2011/12.

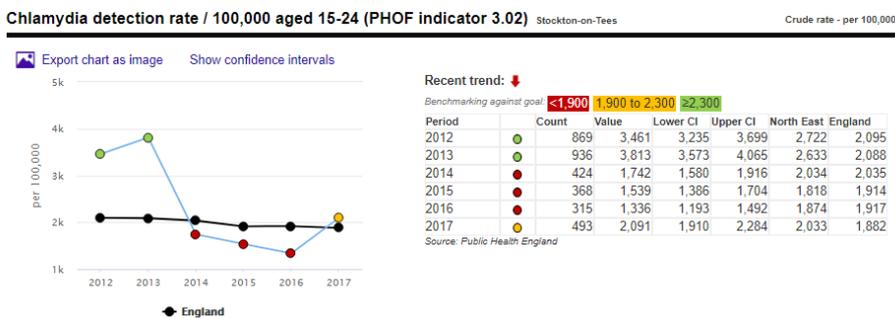
2.23i - Self-reported wellbeing - people with a low satisfaction score Stockton-on-Tees Proportion - %



HEALTH PROTECTION

HW103 Chlamydia detection rate (15-24 year olds)

- The chlamydia detection rate for 2017 in Stockton was 2,091 compared to 2,033 in the North East and 1,882 in England.
- The chlamydia detection rate has increased since 2016 and is similar to the national average. Previous data (2012 & 2013) should not be considered due to data issues (double counting).
Data source: PHE (CTAD)



Currently, a change in how the sexual health service tests for chlamydia (i.e. a move away from large scale, blanket testing to focusing on directing testing to at risk groups) and the increase in the availability and use of different routes to STI testing, such as postal testing are both considered to have impacted on the increased detection rate for the borough. Commissioners and the sexual health service are reviewing practice that took place in 2017 to ensure that good practice is embedded in future work.

SBC commissions the local sexual health service; the service subcontracts the majority of community pharmacies to offer a condom distribution (C Card) scheme to young people. A Community Condom Distribution (C Card) scheme is currently under development through the service which will further increase the access that young people have to contraception, chlamydia testing and sexual health advice. Training for the community c card programme commenced in May 2018.

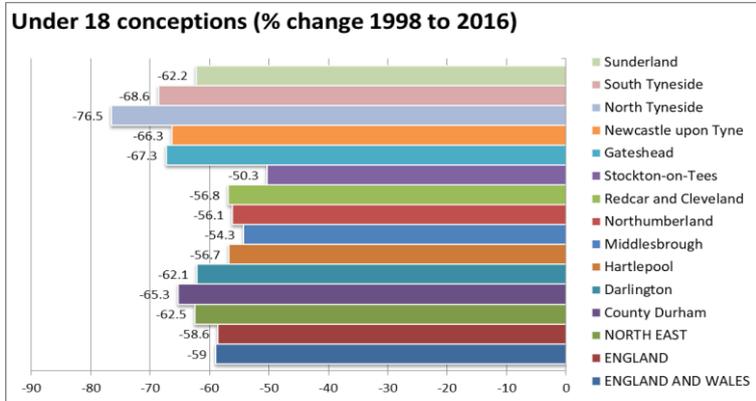
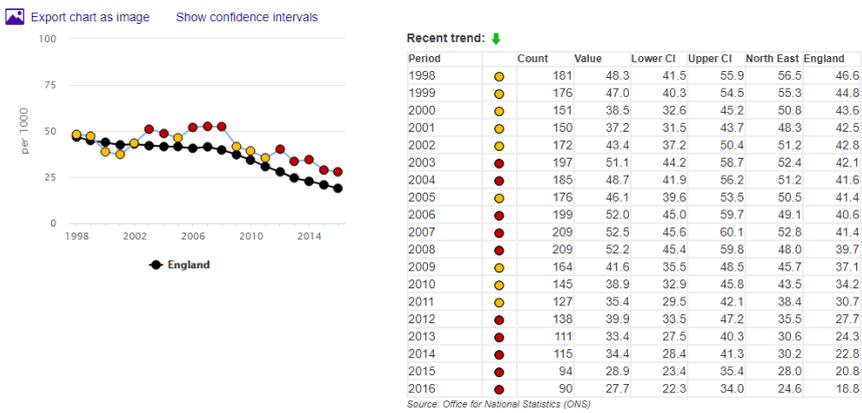
HW102 Under 18 conceptions (3 year rolling average rate per 15-17 year olds per 1,000 population)

- The under-18 conception rate for Stockton in 2016 was 27.7 compared to 24.6 in the North East and 18.8 in England.
- Under 18 conception rates in Stockton and in England have declined significantly since 1998. In March 2018 the ONS released the latest statistics on under 18 conceptions, this data shows that since 1998 Stockton-on-Tees has achieved a 50% reduction in under 18 conceptions. However, conception rates in Stockton have not

declined at the same pace as the national rate and were significantly higher than the England average between 2012 and 2016.

The under 18 conception rate for Stockton during 2009-2011 reduced to become similar to the national average. During this time there was a significant national focus on the reduction of under 18 conceptions through the National Teenage Pregnancy Prevention Strategy, and the presence of a local Teenage Pregnancy Prevention Service with the local authority, which were strong contributors to the reduction in the under 18 conception rate for this period.

Under 18s conception rate / 1,000 (PHOF indicator 2.04) Stockton-on-Tees Crude rate - per 1000



All GP practices across the Borough have been provided with Family Planning Agency contraception and sexual health leaflets through the Public Health Library to support work around contraception within primary care.

The Public Health team are currently working to review and map the training needs of the community and voluntary workforce, this will feed into broader work that is taking place to support a whole systems approach to under 18 conception prevention.

HEALTHCARE AND PREMATURE MORTALITY

HW204 Uptake of NHS health check programme

NHS Health Checks are offered to everyone aged 40 to 74 without pre-existing conditions once every five years.

- In Q1 2018/19, 1904 people were invited for and 1279 received a NHS health check/ Healthy Heart Check. This means that 67% of those invited took up the check.
- Q1 2017/18 data shows that 497 people from the top 10 most deprived wards were invited to have a health check and 66.6% of those were assessed. This compares with 67.9% from the least deprived wards. The outcome is similar.
- Since 2014, 92.1% of all eligible people have been INVITED to an NHS Health Check . Stockton is ranked 28th (best) out of 152 local authorities in England.
- Since 2014, 44.9% (22,707) of all eligible people have RECEIVED an NHS Health Check in Stockton. Stockton is ranked 36th (best) out of 152 local authorities in England.
- Reporting on the NHS health check has changed nationally from a 5 year cycle to a rolling 5 year reporting

HW Uptake of Annual Health Checks for people with learning disabilities

People with learning disabilities often have poorer physical and mental health compared to the general population. The Annual Health Check scheme is offered to adults and young people aged 14 and above with learning disabilities who need more health support and who may otherwise have health conditions that go undetected.

- In 2016-17 51% of the local population with learning difficulties received an annual health check.
- Hartlepool and Stockton CCG has developed an action plan to increase the uptake of Annual Health checks in for people with learning difficulties in 2017/18 as well as their participation in flu vaccinations and cancer screening.
- Actions taken so far include the review of the reporting template, addressing annual health check performance as part of clinical locality lead visits to practices and offer of further physical health and screening activity focused upon people with learning disabilities.
- The uptake of flu vaccinations in the cohort in 2015-16 was 41% and in 2016/17 this was 44%.

FINANCIAL IMPLICATIONS

There are no direct financial implications of this update.

LEGAL IMPLICATIONS

There are no specific legal implications of this update.

RISK ASSESSMENT

Consideration of risk will be included in the narrative around any performance issues, together with actions being taken to mitigate this risk.

SUSTAINABLE COMMUNITY STRATEGY IMPLICATIONS

Monitoring of performance across Board organisations will have a positive impact on coordinated activity to deliver both the Sustainable Community Strategy and Joint Health and Wellbeing Strategy themes.

CONSULTATION

Consultation has been an integral part of generating priorities for action, through the Joint Strategic Needs Assessment and Joint Health and Wellbeing Strategy development process.

Name of Contact Officer: Dr Tanja Braun / James O'Donnell
Post Title: Consultant in Public Health / Public Health Intelligence
Telephone No: 01642 528706
Email address: Tanja.braun@stockton.gov.uk,
James.O'Donnell@stockton.gov.uk