



Darlington Suicide Prevention Plan 2017 - 2022

Aim

- To facilitate a reduction in the suicide rate in Darlington
- To provide better support for those bereaved or affected by suicide in Darlington



Summary of Darlington Suicide figures 2014 - 2016

- There were 36 deaths by suicide or undetermined injury in Darlington between 2014 and 2016
- This is a reduction of 3 deaths from the previous year's audit (i.e.2013 -2015)
- Of the 36 deaths 78% were male (28) and 22% were female (8)



This is in line with national statistics

Suicide and men:

75%

of suicides in 2015 were by men



Suicide and mental health:

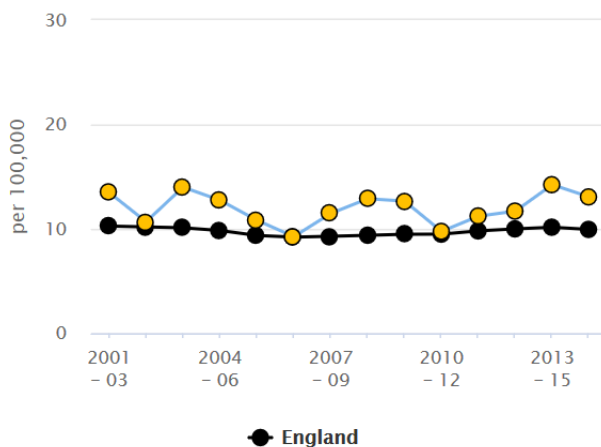


1 in 3

Around 1 in 3 people who die by suicide are known to mental health services



Age-standardised Suicide rate per 100,000 population (3 year average) (Persons). Darlington compared to England 2001 - 2015



Age-standardised Suicide rate per 100,000 population (3 year average) (Persons). Darlington compared to North East region

Area	Value	Lower CI	Upper CI
England	9.9	9.8	10.1
North East region	11.6	10.8	12.4
South Tyneside	7.4	5.0	10.6
Gateshead	9.7	7.2	12.7
Sunderland	9.7	7.5	12.3
Hartlepool	10.1	6.5	14.9
Newcastle upon Tyne	10.6	8.3	13.4
Northumberland	11.0	8.8	13.5
Redcar and Cleveland	11.8	8.5	16.1
County Durham	12.6	10.8	14.7
North Tyneside	12.8	9.9	16.2
Darlington	13.1	9.1	18.1
Stockton-on-Tees	13.8	10.7	17.4
Middlesbrough	18.3	14.0	23.4

Source: Public Health England (based on ONS source data)

Compared with benchmark Lower Similar Higher Not compared



Age-standardised suicide rate per 100,000 population (3 year average) (Persons) 2014 – 2016. CIPFA Nearest Neighbours to Darlington

Area	Value	Lower CI	Upper CI
England	9.9	9.8	10.1
Dudley	9.5	7.5	11.8
Derby	9.8	7.5	12.6
Telford and Wrekin	9.9	7.2	13.3
Doncaster	10.1	8.0	12.6
Wakefield	10.4	8.4	12.8
Barnsley	10.8	8.4	13.6
Bolton	10.9	8.7	13.6
Medway	11.1	8.8	13.9
Calderdale	11.3	8.7	14.5
Bury	11.6	8.7	15.0
North Tyneside	12.8	9.9	16.2
Darlington	13.1	9.1	18.1
Tameside	13.6	10.8	17.0
Stockton-on-Tees	13.8	10.7	17.4
Rotherham	13.9	11.2	17.1
St. Helens	15.8	12.4	19.9

Source: Public Health England (based on ONS source data)

Compared with benchmark Lower Similar Higher Not compared



The plan is structured around 6 national key areas:

1. Reduce the risk of suicide in key high-risk groups
2. Tailor approaches to improve mental health in specific groups
3. Reduce access to the means of suicide
4. Provide better information and support to those bereaved or affected by suicide
5. Support the media in delivering sensitive approaches to suicide and suicidal behaviour
6. Support research, data collection and monitoring



The development and implementation of the prevention plan is delivered and overseen by the local Darlington Suicide Prevention Group.

This group is a multi-agency group led by public health and includes NHS Darlington, TEWV, Durham Constabulary and a strong VCS representation; it reports into the Darlington Mental Health Network.

