# TEES VALLEY HEALTH SCRUTINY JOINT COMMITTEE

11th December 2018

Report of: NHS Hartlepool and Stockton on Tees Clinical Commissioning

Group,

NHS Darlington Clinical Commissioning Group

and:

NHS South Tees Clinical Commissioning Group

**Subject:** Recommissioning of Improving Access to Psychological Therapies

(IAPT) Services for and on behalf of: NHS Darlington CCG, NHS Hartlepool and Stockton-on-Tees CCG and NHS South Tees

CCG.

### 1. APPLICABLE CATEGORY

1.1 For information, advice and guidance by Tees Valley Overview and Scrutiny Committee.

#### 2. PURPOSE OF REPORT

- 2.1 The purpose of the report is to provide an update to the Tees Valley Overview and Scrutiny Committee following papers in July 2017, January 2018 and September 2018 in relation to:
  - Current IAPT programme delivery
  - Commissioning process

### 3. BACKGROUND

- 3.1 The Improving Access to Psychological Therapies (IAPT) programme began nationally in 2008 to transform the treatment of adult anxiety disorders and depression in England. Over 900,000 people now access IAPT services each year.
- 3.2 In 2016, key developments were set out in the Five Year Forward View for Mental Health to expand and improve quality in IAPT services. The priorities were:
  - Expand services so that IAPT services nationally will move from seeing around 15% of all people with anxiety and depression each year to 25% by 2020/21, and all areas will have more IAPT services.
  - Integrate IAPT services with physical health services to provide better support to people with long term conditions.

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 Improve the numbers of people who recover, reducing geographic variation between services, and reducing inequalities in access and outcomes for particular population groups.

## 4. CURRENT POSITION

- 4.1 The procurement process commenced in September 2018. Bids were evaluated in November 2018 and the results approved at Executive and Governing Bodies across Durham and Tees as appropriate to their individual constitutions.
- 4.2 As of 29<sup>th</sup> November 2018, the confidential procurement outcome letters have been sent to all bidders notifying them of the recommended bidder. A standstill period applies from 30th November 2018 to midnight of 10th December 2018, prior to the contract being awarded and mobilisation commencing for a March 2019 contract start.
- 4.3 Following standstill and contract award the CCG can advise the Committee of the successful bidder.
- 4.4 Information relating to the other bidders is deemed to be commercially sensitive.
- 4.5 In order to share information regarding unsuccessful bidders, those organisations would need to be contacted and asked if they were happy to share this information, which they are able to decline.

### 5. EQUALITY AND DIVERSITY

- 5.1 Any project undertaken on behalf of the CCGs is subject to compliance with S.149 of the Equality Act 2010 and measures are in place to ensure the public sector equality duty is met.
- 5.2 A full Equality Impact Assessment has been conducted.

### 6. RISK IMPLICATIONS

6.1 The IAPT Task and Finish Group are responsible for the identification and mitigation of risk and maintain and manage an appropriate Risk Log.

### 7. RECOMMENDATIONS

- 7.1 The recommendation is that Tees Valley Overview and Scrutiny Committee is requested to:
  - Note the programme of current IAPT provision;
  - Note the ongoing commissioning process and agree to receive updates following public release;
  - Provide any appropriate advice and guidance.

# 8. CONTACT OFFICER(S)

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